CLAIMS

What is claimed is:

- 1. An antenna comprising:
 - a first electrically conductive loop;
- a feed point for feeding radio frequency energy into said first conductive loop; and
- a second electrically conductive loop, said first electrically conductive loop and said second electrically conductive loop each having a common conductive portion.
- 2. The antenna of claim 1, wherein said second conductive loop is disposed within said first conductive loop.
- 3. The antenna of claim 1, wherein said first conductive loop and said second conductive loop are rectangular.
- 4. The antenna of claim 1, wherein said second conductive loop comprises a conductor connected between a first point on said first conductive loop and a second point on said first conductive loop.
- 5. The antenna of claim 1, wherein said first conductive loop is in the shape of an octagon. \cdot
- 6. The antenna of claim 5, wherein said second conductive loop comprises a conductor connected between a first point on said first conductive loop and a second point on said first conductive loop.

- 7. The antenna of claim 6, wherein said first point and said second point are located at opposite ends of a side of said octagon.
- 8. The antenna of claim 7, further comprising a tuning capacitor disposed along said second conductive loop.
- 9. The antenna of claim 7, further comprising a tuning capacitor located in series at said feed point.
- 10. The antenna of claim 9, wherein said tuning capacitor is in series with said feed point.
- 11. The antenna of claim 1, further comprising a tuning capacitor disposed along said second conductive loop.
- 12. The antenna of claim 1, further comprising a tuning capacitor in series with said feed point.
- 13. A method for configuring an antenna, comprising:

providing a conductive loop with a discontinuity to act as a feed for receiving radio frequency energy;

connecting a conductor between two points on said loop;

providing a tuning capacitor along said conductor; adjusting said capacitor to tune said antenna.

14. The method of claim 13, further comprising: providing a series capacitor at said feed. 15. The method of claim 13, wherein said conductive loop is formed as a polygon, and said conductor connects ends of a side of said polygon.

4 • • • • • •

- 16. The method of claim 15, wherein said polygon is an octagon.
- 17. The method of claim 13, wherein said loop is circular.